

SPROUTS WEEK – What to Bring



Please take note of Campfire’s dress code:

<i>In all things we wish to praise God and not divert our/other’s attention from Him.</i>	
Shirts	<ul style="list-style-type: none"> - must be long enough to cover the midriff - must have sleeves - dark, thin-strapped tanks may be worn over a bathing suit at the water
Shorts	<ul style="list-style-type: none"> - length: shorts should go past your fingertips without any tugging or pulling
Leggings/ yoga pants	<ul style="list-style-type: none"> - leggings or tight yoga pants are not allowed, unless worn under a skirt or shorts
Skirts	<ul style="list-style-type: none"> - must be knee-length, unless worn with leggings – then it follows the shorts length rule
Swimsuits	<ul style="list-style-type: none"> - no bikinis or speedos - 2-piece may be worn if the top meets the bottom. If it doesn’t, you will be asked to wear a dark-coloured shirt over top.
Other	<ul style="list-style-type: none"> - No clothing with offensive slogans - Undergarments must be kept covered - Please note that we are a SUNAWARE camp and everyone must wear a hat between 11am and 3pm.

Be sure to pack enough clothing for the entire week. Camper clothing will not be washed unless bedding is soiled. Please remember that while it is hot during the day, the evenings are cool.

Clothing Items	Toiletries (ideally packed in a toiletry bag)	Other
Underwear* & socks	Toothbrush & toothpaste	Last Minute Medical Sheet
Pants & shorts	Sunscreen (travel size lotion recommended; min 30 SPF)	Medications (in original packaging or blister pack)
Shirts & sweaters	Washcloth and soap**	Sleeping bag*** & pillow
Rain jacket	Hair brush/comb	Bible
Bathing suit	Swim towel & regular towel	Flashlight
Pyjamas	Lip balm	Dirty laundry pillowcase or bag
Shoes for sports and walking		Bug spray (family friendly only)
Sandals or flip flops	<i>If applicable:</i>	Optional:
Hat	Hair clips/elastics	swimming goggles
		water bottle (labelled)
		comfort items (labelled)

*If your child has bedwetting concerns please also pack wipes and pull-ups

**Please note: shampoo and conditioner will be provided at camp with tea tree oil for lice prevention

***Fitted sheets are also a good idea, but it gets cold at night so a thick blanket must also be packed

Prohibited Items		
matches/lighters	knives/weapons	money (there is nothing to purchase – candy is provided)
food/snacks/candy	electronics (including cell phones, iPods, Nintendo, etc.)	
<i>These items will be confiscated at the beginning of the week and returned at the end of the week.</i>		